

PENANG MENU



01.06.2026 Monday

Public Holiday: The Yang di-Pertuan Agong's Birthday

02.06.2026 Tuesday

Gong Po Chicken with Brown Rice

Boneless chicken breast in vegetarian Gong Po served with brown rice

Cabbage . Cucumber . Carrot . Purple Cabbage . Cherry Tomato . Cashew Nuts . Sesame

Seed

431kcal

45g

28g

16g



03.06.2026 Wednesday

Nyonya-style Fish with Pasta

Baked perch fish fillet in nyonya sauce served with pasta

Lettuce . Onion . Cauliflower . Sweet Pea . Brinjal . Capsicum . Desiccated Coconut.

Scallion

610kcal

63g

31g

27g



04.06.2026 Thursday

Tandoori Chicken with Turmeric Rice

Baked boneless tandoori chicken breast served with turmeric brown rice

Lettuce . Cabbage . Cucumber . Long Bean . Carrot . Red Chili . Coriander . Black Sesame

430kcal

41g

27g

19g



05.06.2026 Friday

Baked Perch Fish with Sweet Potatoes

Baked herbs perch fish with sweet potatoes

Lettuce . Broccoli . Cauliflower . Capsicum . Purple Cabbage . Cherry Tomato . English

Parsley

415kcal

34g

21g

21g



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29, Jalan Perniagaan Vorteks 4, Pusat Perniagaan Vorteks Simpang Ampat, 14100 Pulau Pinang

All pictures shown are for illustration purpose only.

Menu served may vary based on the medical condition and the ingredients availability. If you have a food allergy, please notify us.

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KL MENU



01.06.2026 Monday

Public Holiday: The Yang di-Pertuan Agong's Birthday

02.06.2026 Tuesday

Public Holiday

03.06.2026 Wednesday

Biryani Rice with Chicken Vadai

Chicken Vadai served with biryani rice, raw onion, raisin, cashew nuts, capsicum, carrot, cauliflower, long beans and Nam Jim sauce.

***presented in lunch box*



04.06.2026 Thursday

Aglia Olio Chicken Spaghetti

Spaghetti with sauteed minced garlic, olive oil, button mushroom, shiitake mushroom, spinach, broccoli and chicken breast cubes.



05.06.2026 Friday

Fusion Tuna Kimchi with Brown Rice

Tuna served with kimchi, brown rice, fried egg, kimchi, carrot, cucumber, purple cabbage, mushroom, corn kernel, seaweed flakes, sesame and lettuce.



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